

# **Clarity Clear Mind Better Performance Bigger Results**

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Clarity Clear Mind Better Performance True clarity of thought leads to: Better decision-making; Innovative thinking; More time to focus on your priorities; Better performance; More of the results that matter to you; Leaders in every field, from visionary entrepreneurs to Olympic medal winners, agree that clarity is the key to outstanding success. Now get clarity to work for you. Amazon.com: Clarity: Clear Mind, Better Performance ... You'll learn how to clear your mind and become less stressed and more productive – and as a result, more confident in your abilities. Clarity will help you to: • Greatly improve your concentration and ability to think clearly • Reduce stress levels and increase productivity • Grow your confidence and self-belief Clarity: Clear Mind, Better Performance, Bigger Results by ... Jamie Smart is a British author and speaker. He is most known for writing CLARITY: Clear Mind, Better Performance, Bigger Results, a book about achieving mental clarity. In 2015, he published his second book, titled Little Book of Clarity: A Quick Guide to Focus and Declutter Your Mind. Clarity: Jamie Smart, Jamie Smart: 9781480589803: Amazon ... Clarity will help you to: Greatly improve your concentration and ability to think clearly Reduce stress levels and increase productivity Grow your confidence and self-belief Find innovative solutions to problems and make progress on goals and dreams Trust your intuition and improve your ... Jamie Smart | Clarity, the book You'll learn how to clear your mind and become less stressed and more productive – and as a result, more confident

in your abilities. Clarity will help you to:

- Greatly improve your concentration and ability to think clearly.
- Reduce stress levels and increase productivity.
- Grow your confidence and self-belief.

Clarity: Clear Mind, Better Performance, Bigger Results ... Well Jamie Smart, state-of-mind specialist, can do just that – with Clarity he will show you how to get real clarity of thought. You'll learn how to clear your mind and become less stressed and more productive – and as a result, more confident in your abilities. Clarity: Clear Mind, Better Performance ... -

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